

# Woodland

**BACON & EGG ROLL** 9  
 2 rashers of bacon, cheese, fried free range egg & choice of sauce on a milk bun.  
*MAKE IT DEAD FANCY & ADD AVO, (CAUSE IT'S GREEN) +3*  
*OR A HASH BROWN (BECAUSE IT'S THE MORNING AFTER) +2*

**TOASTED ARTISAN SOURDOUGH** 6  
 2 slices with choice of 2 condiments

**CRUMPET BREAD** 11  
 2 slices of crumpet bread toasted with ricotta, honey & crushed pistachios

**EGGS YOUR WAY** 9  
 Two free range eggs with toasted sourdough

**WOODLAND BIGGY** 21  
 Free range eggs your way, bacon, haloumi, lamb chipolata sausage, grilled tomatoes, spinach, mushroom, hash brown & toasted sourdough

**AVOCADO MASH** 18  
*YOU MAY NOT EVER OWN A HOUSE BUT IT WILL BE OH SO WORTH IT.*  
 Seasoned smashed avocado with Persian feta, beetroot labneh, dukkah, pomegranate & 2 poached eggs served on charcoal sourdough

**EGGS BENNY**  
 Poached Eggs, wilted spinach & hollandaise sauce served on a toasted croissant with your choice of  
 Ham, Bacon, Avocado or Haloumi 16  
 Smoked Salmon 18

**MAGIC MUSHROOMS** 18  
 Miso & Sesame sautéed wild mushrooms & baby spinach on toasted brioche with parsley, ricotta, 2 poached eggs, soft herbs & shredded parmesan

**PANCAKES** 15  
 Blueberry & coconut pancakes served with crushed nuts, vanilla ice-cream, Canadian maple syrup, berry compote & fresh seasonal fruit

**ACAI BOWL** 16.5  
*WE WOULDN'T BE IN THE EAST WITHOUT IT!*  
 Acai blended with fruit & almond milk, yoghurt, fresh seasonal fruit, granola, crushed nuts & honey  
*(for vegan request no yoghurt)*

**FRITTERS** 18  
 Corn, carrot & zucchini fritters served with bacon, avocado, cherry tomatoes & dill mayo  
*+ 2 FOR 1 POACHED EGG*  
*(vegetarian substitute bacon for sautéed mushrooms)*

**POLENTA** 18  
 Baked polenta, wild mushrooms, baby spinach, almonds, fried kale, 2 poached eggs, hummus, kale pesto & shredded parmesan

**OMELETTE** 16  
 Omelette with chorizo, mushrooms, spinach, onions & feta served with toasted sourdough

**SUMMER SALAD** 14  
 Broccolini, zucchini, spinach, beetroot, avocado salsa, green beans, Brussel sprouts, roasted pumpkin & seeds with preserved lemon dressing  
*ADD SMOKED SALMON 5 OR GRILLED CHICKEN 4*

**FALAFEL BOWL** 17  
 Home-made falafel, spinach, red cabbage, roasted carrots, crushed pistachios & hummus  
*ADD SMOKED SALMON 5 OR GRILLED CHICKEN 4*

**BEEF & CHORIZO BURGER** 18  
 Beef Patty with cheese, chorizo, grilled onions, lettuce, jalapenos & chipotle mayo served on a milk bun with chips

**CHICKEN BURGER** 16  
 Grilled marinated chicken breast, avocado, lettuce, tomato, grilled onions, dill mayo served on a milk bun with chips

**SOUP OF THE DAY** 10

**TOASTED SANDWICHES** 13  
**BREAKFAST TOASTIE** - Bacon, avocado, cheese, sautéed mushrooms & spinach

**HALOUMI TOASTIE** - Haloumi, avocado, spinach, tomato & dill mayo

**CHICKEN TOASTIE** - Grilled Chicken, lettuce, tomato, cheese & chilli mayo

**VEGAN TOASTIE** - Roasted pumpkin, sautéed spinach & mushrooms, vegan mozzarella & kale pesto

## SIDES

**\$3 EACH** - Sautéed Mushrooms, Roasted Tomatoes, Baby Sautéed Spinach, Ricotta, Feta

**\$4 EACH** - Avocado, Haloumi, 2 Eggs, 2 Hash Browns, Bacon, Grilled Chicken, Lamb Sausages, Chorizo

**\$5 EACH** - Potato Gems, Smoked Salmon, Bowl of Chips

Entire menu available all day

Ask our staff about GF options

10% Public Holiday Surcharge

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## COFFEE

Espresso, Ristretto, Macchiato, Piccolo	3.5
Cappuccino, Flat White, Long Black, Latte, Mocha,	4
Dirty Chai	4.5

## LATTES / HOT DRINKS

Hot Chocolate, Chai Latte, Turmeric Latte	4
Sticky Chai Latte	4.3
<i>LARGE, DECAF, EXTRA SHOT + .5</i>	
<i>OAT, ALMOND, SOY, LACTOSE FREE + .5</i>	
<i>HAZELNUT, VANILLA, CARAMEL + .5</i>	

## COLD DRINKS

Iced Long Black	4.5
Iced Latte	5
Affogato	6
Iced Chocolate, Iced Coffee, Iced Mocha	6.5

## TEA

English Breakfast, Earl Grey, Peppermint, Lemongrass & Ginger, Chamomile, Chai, China Jasmine	4
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## MILKSHAKES

Chocolate, Strawberry, Vanilla, Caramel	5.5
<i>(WANT A THICKSHAKE INSTEAD? + \$1.)</i>	

## THICKSHAKE OR FRAPPE

Nutella or Oreo	7.5
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## FRESH COLD PRESSED JUICE

Orange	6.5
Orange, ginger & carrot	
Kale, celery, apple & spinach	
Orange, watermelon, pineapple & apple	
<i>(LEMON &amp; GINGER ADDED ON REQUEST)</i>	
<i>(CHOOSE 4 OF THE ABOVE FRUITS &amp; MAKE YOUR OWN)</i>	

## FRUIT SMOOTHIES

Fresh cold pressed pineapple & watermelon juice blended with mixed berries & mint	7.5
Fresh cold pressed orange & pineapple juice blended with mango, beetroot powder & ice	
Fresh cold pressed cucumber & watermelon juice blended with mixed berries & mint	
Fresh cold pressed apple & pineapple juice blended with mint & ice	

## DAIRY SMOOTHIES

Strawberry, Blueberry or Mango with milk, vanilla essence, yoghurt & honey	7
Banana with milk, cinnamon, yogurt & honey	
<i>OAT, ALMOND, SOY, LACTOSE FREE + .5</i>	

## BOTTLED DRINKS

Still Water	3.5
Sparkling Water	4
Can Coke / Diet Coke / Sprite	3.5
Glass Bottle Coke, Coke Zero, Lemon Lime & Bitters	4
Iced Tea	4.5

## KIDS

Babyccino	1.5
Milkshakes	3.5
Fresh OJ	4